

## Make the Sign of the Cross and...

### 1. Say the "Apostles' Creed."

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.

*I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.*

### 2. Say the "Our Father."

Our Father, who art in heaven, hallowed be Thy name, Thy kingdom come, Thy will be done, on earth as it is in heaven. *Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.*

**3. Say three "Hail Marys."** ...for an increase of Faith, Hope & Love  
Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. *Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen*

### 4. Say the "Glory Be."

*Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen*



## 5. The First Glorious Mystery... The Resurrection of Our Lord

decade

### 1. Say the "Our Father."

Our Father, who art in heaven, hallowed be Thy name, Thy kingdom come, Thy will be done, on earth as it is in heaven. *Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.*

### 2. Say ten "Hail Marys."

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. *Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen*

### 3. Say the "Glory Be"

*Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen*

### 4. Say the "Fatima Prayer"

*O my Jesus, forgive us our sins, save us from the fires of hell and lead all souls to heaven, especially those most in need of Thy mercy.*

6. The Second Glorious Mystery... The Ascension into Heaven [repeat decade](#)

7. The Third Glorious Mystery... The Descent of the Holy Spirit [repeat decade](#)

8. The Fourth Glorious Mystery... The Assumption of Mary [repeat decade](#)

9. The Fifth Glorious Mystery... The Coronation of Mary [repeat decade](#)

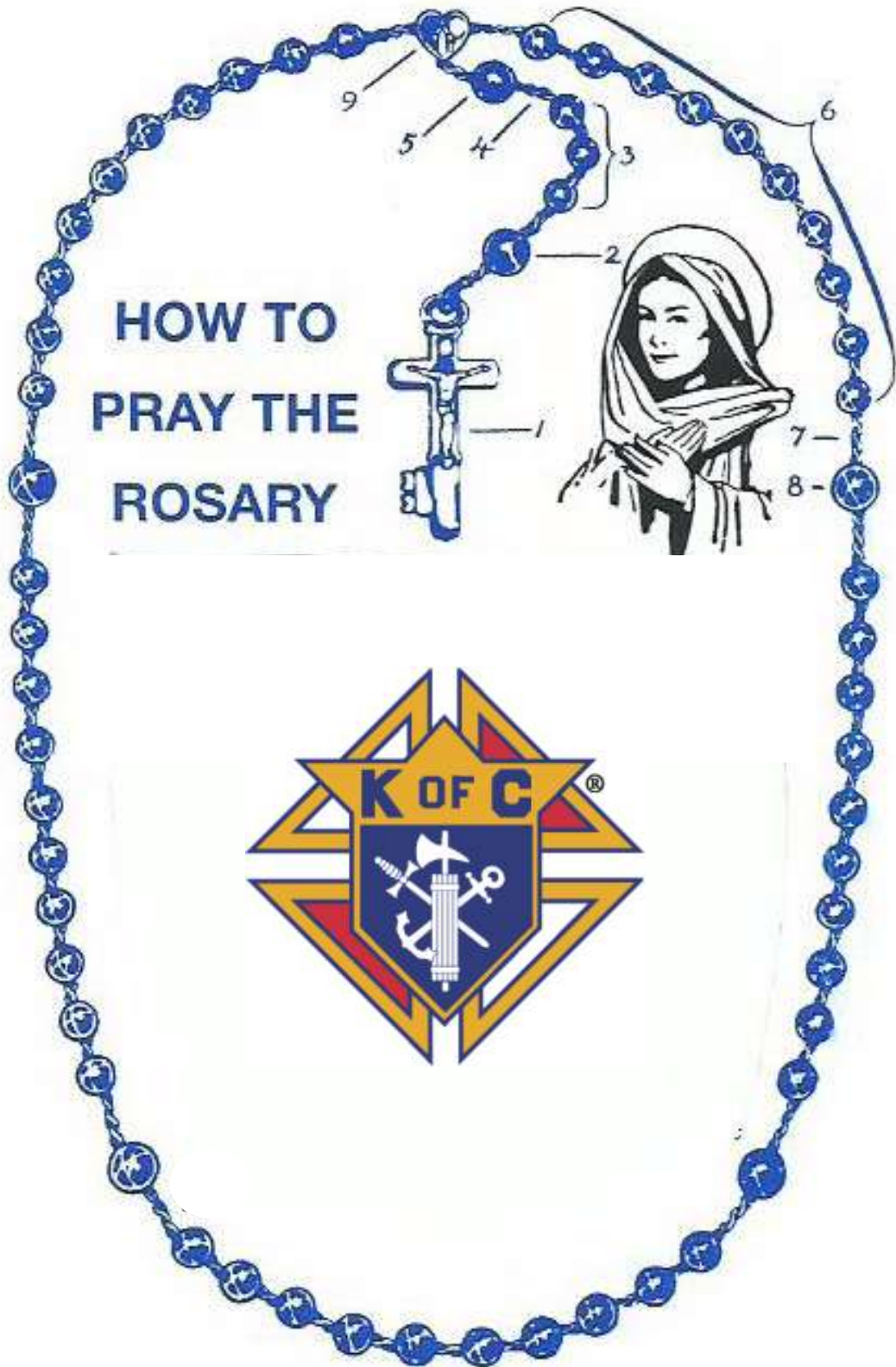
## 10. Say the Hail Holy Queen

Hail Holy Queen, Mother of mercy! Hail, our life, our sweetness and our hope! To you do we cry, poor banished children of Eve; to you do we send up our sighs, mourning and weeping in this valley of tears! Turn then, most gracious advocate, your eyes of mercy toward us; and after this, our exile, show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary!

V. Pray for us, Holy Mother of God.

R. *That we may be made worthy of the promises of Christ.*

Let us pray. O God, whose only begotten Son, by his Life, Death and Resurrection, has purchased for us the rewards of eternal life, grant, we beseech you, that we who meditate on these mysteries of the most holy Rosary of the blessed Virgin Mary, may both imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.



**HOW TO  
PRAY THE  
ROSARY**

